



# CLINICAL PRACTICE GUIDELINES

| Condition/Disease                                      | Guideline Title   | Metric            | Recognized Source   | URL   |
|--|---|-------------------|---|---|
| <b>Behavioral Health Practice Guidelines</b>           |   |                   |   |   |
| <b>Attention-Deficit/Hyperactivity Disorder (ADHD)</b> | Practice Parameter for the Assessment and Treatment of Children and Adolescents with Attention-Deficit/Hyperactivity Disorder. American Academy of Child and Adolescent Psychology (AACAP), July 2007   | ADD               | American Academy of Child and Adolescent Psychology (AACAP)       | <a href="https://www.jaacap.org/article/S0890-8567(09)62182-1/pdf">https://www.jaacap.org/article/S0890-8567(09)62182-1/pdf</a>   |
| <b>Major Depressive Disorder (MDD)</b>                 | Treatment of Patients With Major Depressive Disorder, Third Edition- American Psychiatric Association (APA) – Practice Guidelines - Treatment of Patients with Major Depressive Disorder, 3 <sup>rd</sup> Edition, November 2010  | AMM<br>FUH<br>FUM | American Psychiatric Association (APA)                            | <a href="https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf">https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf</a>   |
| <b>Pain Management/Substance Abuse Guidelines</b>      |   |                   |   |   |
| <b>Substance Abuse</b>                                 | Treatment of Patients With Substance Use Disorders, Second Edition- American Psychiatric Association (APA), Treatment of Patients With Substance Use Disorders, Second Edition, June 2005   |                   | American Psychiatric Association (APA)                            | <a href="https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/substanceuse.pdf">https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/substanceuse.pdf</a>                       |
| <b>Disease-Specific/Preventive Practice Guidelines</b> |   |                   |   |   |
| <b>Asthma</b>  | Guidelines for Diagnosis and Management of Asthma - National Heart Lung and Blood Institute (NHLBI) in conjunction with National Institutes of Health (NIH) Guidelines for the Diagnosis and Management of Asthma – Expert Panel Report 3, 2007 & Focused Updates 2020        | AMR               | National Heart, Lung, and Blood Institute.                        | <a href="https://www.nhlbi.nih.gov/resources/2020-focused-updates-asthma-management-guidelines">https://www.nhlbi.nih.gov/resources/2020-focused-updates-asthma-management-guidelines</a>   |
| <b>Diabetes</b>  | Standards of Medical Care for Patients with Diabetes Mellitus - American Diabetes Association (ADA), 2021 and Texas Diabetes Council (TDC) - Treatment Algorithms, Protocols, Guidelines, and Recommendations, Diabetes Tool Kit, 5 <sup>th</sup> Edition, revised 2012 (ADA) | CDC               | American Diabetes Association (ADA), Texas Diabetes Council (TDC) | <a href="https://www.dshs.texas.gov/txdiabetes/toolkit/Treatment-Algorithms,-Protocols,-Guidelines-and-Recommendations/">https://www.dshs.texas.gov/txdiabetes/toolkit/Treatment-Algorithms,-Protocols,-Guidelines-and-Recommendations/</a> |



# CLINICAL PRACTICE GUIDELINES

| Condition/Disease                          | Guideline Title   | Metric            | Recognized Source  | URL   |
|--|---|-------------------|--|---|
| <b>Perinatal Care</b>                      | Perinatal Care Guidelines - American College of Obstetricians and Gynecology (ACOG)/American Academy of Pediatrics – Guidelines for Perinatal Care, 8th Edition, September 2017   | PPC               | The American College of Obstetricians and Gynecologists (ACOG), American Academy of Pediatrics (AAP) | <a href="https://www.acog.org/clinical-information/physician-faqs/-/media/3a22e153b67446a6b31fb051e469187c.ashx">https://www.acog.org/clinical-information/physician-faqs/-/media/3a22e153b67446a6b31fb051e469187c.ashx</a>                 |
| <b>Obesity</b>                             | Guideline for the Management of Overweight and Obesity in Adults – American College of Cardiology (ACC)/American Heart Association Task Force on Practice Guidelines (AHA) and The Obesity Society (TOS), 2013  |                   | American College of Cardiology (ACC), American Heart Association (AHA), The Obesity Society (TOS)    | <a href="https://www.ahajournals.org/doi/full/10.1161/01.cir.0000437739.71477.ee">https://www.ahajournals.org/doi/full/10.1161/01.cir.0000437739.71477.ee</a>   |
| <b>Pediatric Preventive Care (General)</b> | Pediatric Preventive Care Guidelines - American Academy of Pediatrics (AAP) Guidelines/Bright Futures, Bright Futures Guidelines for Health Supervision of Infants, Children, and Adolescents, March 2021   | W30<br>WCV<br>WCC | American Academy of Pediatrics (AAP)   | <a href="https://www.aap.org/en/practice-management/bright-futures">https://www.aap.org/en/practice-management/bright-futures</a>   |
| <b>Adult Preventive Care (General)</b>     | Adult Preventive Care Guidelines – American Academy of Family Physicians (AAFP), Recommendations for Clinical Preventive Services, October 2017   |                   | American Academy of Family Physicians (AAFP)   | <a href="https://www.aafp.org/dam/AAFP/documents/patient_care/clinical_recommendations/cps-recommendations.pdf">https://www.aafp.org/dam/AAFP/documents/patient_care/clinical_recommendations/cps-recommendations.pdf</a>                   |
| <b>Dietary Guidelines</b>                  | Dietary Guidelines for Americans 2015-2020, Eighth Edition - United States Department of Agriculture (USDA), Center for Nutrition Policy and Promotion  |                   | United States Department of Agriculture (USDA)   | <a href="https://www.fns.usda.gov/2015-2020-dietary-guidelines-americans">https://www.fns.usda.gov/2015-2020-dietary-guidelines-americans</a>   |
| <b>Diabetes</b>                            | Standards of Medical Care for Patients with Diabetes Mellitus - American Diabetes Association (ADA), 2021 and Texas Diabetes Council (TDC) - Treatment Algorithms, Protocols, Guidelines, and Recommendations, Diabetes Tool Kit, 5 <sup>th</sup> Edition, revised 2012 (ADA) | CDC               | American Diabetes Association (ADA), Texas Diabetes Council (TDC)                                    | <a href="https://www.dshs.texas.gov/txdiabetes/toolkit/Treatment-Algorithms,-Protocols,-Guidelines-and-Recommendations/">https://www.dshs.texas.gov/txdiabetes/toolkit/Treatment-Algorithms,-Protocols,-Guidelines-and-Recommendations/</a> |
| <b>Perinatal Care</b>                      | Perinatal Care Guidelines - American College of Obstetricians and Gynecology (ACOG)/American Academy of Pediatrics – Guidelines for Perinatal Care, 8th Edition, September 2017   | PPC               | The American College of Obstetricians and Gynecologists (ACOG), American Academy of Pediatrics (AAP) | <a href="https://www.acog.org/clinical-information/physician-faqs/-/media/3a22e153b67446a6b31fb051e469187c.ashx">https://www.acog.org/clinical-information/physician-faqs/-/media/3a22e153b67446a6b31fb051e469187c.ashx</a>                 |



# CLINICAL PRACTICE GUIDELINES

| Condition/Disease                            | Guideline Title   | Metric | Recognized Source  | URL   |
|--|---|--------|--|---|
| <b>Chronic Obstructive Pulmonary Disease</b> | Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease - Global Initiative for Chronic Obstructive Lung Disease (GOLD) 2021   |        | Global Initiative for Chronic Obstructive Lung Disease (GOLD)  | <a href="https://goldcopd.org/2022-gold-reports-2/">https://goldcopd.org/2022-gold-reports-2/</a>   |
| <b>High Blood Pressure</b>                   | Evidence-Based Guideline for the Management of High Blood Pressure in Adults – Joint National Committee (JNC) on Prevention, Detection, Evaluation and Treatment of High Blood Pressure – Eighth report of JNC8, 2014 |        | Joint National Committee (JNC) on Prevention, Detection, Evaluation and Treatment of High Blood Pressure | <a href="https://jamanetwork.com/journals/jama/fullarticle/1791497">https://jamanetwork.com/journals/jama/fullarticle/1791497</a>   |
| <b>Cardiovascular Disease</b>                | Guideline on Lifestyle Management to Reduce Cardiovascular Risk – American College of Cardiology (ACC)/American Heart Association Task Force on Practice Guidelines (AHA) and The Obesity Society (TOS), 2013         |        | American College of Cardiology (ACC), American Heart Association (AHA), The Obesity Society (TOS)        | <a href="https://www.ahajournals.org/doi/10.1161/01.cir.0000437740.48606.d1">https://www.ahajournals.org/doi/10.1161/01.cir.0000437740.48606.d1</a>   |
| <b>Other</b>                                 | MCG Current Calendar Year   |        | Milliman Care Guidelines (MCG)   | <a href="https://login.mcg.com/account/login?returnUrl=https%3A%2F%2Fcgi.careguidelines.com%2F&amp;ClientId=Careweb">https://login.mcg.com/account/login?returnUrl=https%3A%2F%2Fcgi.careguidelines.com%2F&amp;ClientId=Careweb</a> |
|  | InterQual Current Calendar Year   |        | InterQual – Change Healthcare  | <a href="https://prod.cue4.com/caas/review/subsetSelect">https://prod.cue4.com/caas/review/subsetSelect</a>   |

ATTENTION: Language assistance and auxiliary aids services, free of charge, are available to you. Call 1-877-324-7543 (TTY: 1-800-735-2989).