



**HEDIS® Measure**

# Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM) Medicaid: 1 to 17 years

## Description

This HEDIS measure looks at the percentage of children and adolescents 1 to 17 years of age who had two or more antipsychotic prescriptions and had metabolic testing. Three rates are reported:

- The percentage of children and adolescents on antipsychotics who received blood glucose testing
- The percentage of children and adolescents on antipsychotics who received cholesterol testing
- The percentage of children and adolescents on antipsychotics who received blood glucose and cholesterol testing

## Measure strategies and tips

- At least one test for blood glucose or HbA1c
- At least one test for LDL-C or cholesterol
- If your office does not perform in-house lab testing, make sure your members' labs results are recorded in the medical record with your initials where you have acknowledged review of results.
- Educate parents and guardians on potential metabolic health complications.
- Create a report in your EHR to identify the members taking antipsychotics so you can proactively work the list.
- Review EHR prompts to identify eligible patients and care gaps.
- Communicate and coordinate care between behavioral health and primary care physicians (PCPs) by requesting test results, communicating test results or scheduling and appointment for testing,

## Antipsychotic Medications

Description	Prescription
Miscellaneous antipsychotic agents	<ul style="list-style-type: none"> <li>• Aripiprazole</li> <li>• Asenapine</li> <li>• Brexpiprazol</li> <li>• Cariprazine</li> <li>• Clozapine</li> <li>• Haloperidol</li> <li>• Iloperidone</li> <li>• Loxapine</li> <li>• Lurasidone</li> <li>• Molindone</li> <li>• Olanzapine</li> <li>• Paliperidone</li> <li>• Pimozide</li> <li>• Quetiapine</li> <li>• Risperidone</li> <li>• Ziprasidone</li> </ul>

Phenothiazine antipsychotics	<ul style="list-style-type: none"> <li>• Chlorpromazine</li> <li>• Fluphenazine</li> <li>• Perphenazine</li> </ul>	<ul style="list-style-type: none"> <li>• Prochlorperazine</li> <li>• Thioridazine</li> <li>• Trifluoperazine</li> </ul>
Thioxanthenes	<ul style="list-style-type: none"> <li>• Thiothixene</li> </ul>	
Long-acting injections	<ul style="list-style-type: none"> <li>• Aripiprazole</li> <li>• Aripiprazole lauroxil</li> <li>• Fluphenazine decanoate</li> <li>• Haloperidol decanoate</li> </ul>	<ul style="list-style-type: none"> <li>• Olanzapine</li> <li>• Paliperidone palmitate</li> <li>• Risperidone</li> </ul>

### Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM-E)

Cholesterol lab test	<b>CPT: 82465, 83718, 83722, 84478</b>
Glucose lab test	<b>CPT: 80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951</b>
HbA1c lab test	<b>CPT: 83036, 83037</b>
HbA1c lab test results or findings	<b>CAT II: 3044F, 3046F, 3051F, 3052F</b>
LDL-C lab test	<b>CPT: 80061, 83700, 83701, 83704, 83721</b>

### Exclusion criteria

- Member in hospice or using hospice services anytime during the measurement year
- Death during the measurement period

The Dell Children's Health Plan Quality team is here to help you if you have questions regarding codes for this or other measures. For more information about HEDIS® measure performance, contact the Dell quality team at [QualityManagement@ascension.org](mailto:QualityManagement@ascension.org).