

## HEDIS® Measure

# CBP: Controlling High Blood Pressure

### Description

The percentage of members 18–85 years of age who had a diagnosis of hypertension (HTN) and whose BP was adequately controlled (systolic and diastolic both LESS THAN 140/90 mm HG) during the measurement year.

Representative BP: The most recent BP reading (last BP of the year) during the measurement year on or after the second diagnosis of hypertension (system calculates).

If multiple BP readings are noted in the chart on the same date; the lowest systolic and lowest diastolic BP result will be used.

### Measure strategies and tips

- Remind the patient to take their blood pressure medications before the visit.
- Allow the patient to rest for at least five minutes before taking the BP. Select appropriately sized BP cuff, and place the cuff on a bare arm.
- Ensure the patient is seated with feet on the floor, back supported and arm supported at heart level.
- Ensure all BP monitors are accurately calibrated.
- If the office uses manual blood pressure cuffs, do not round up the BP reading.
- Re-check BP readings U140/90 at end of appointment and/or on the other arm and document all re-checks. If BP remains elevated, ensure members follow up for BP check.
- List the date of service and BP reading together. If BP is listed on the vital flow sheet, ensure the date is also noted.
- Use CPT II codes to document blood pressure values.

### Exclusion criteria

- Use of hospice services
- Use of palliative care
- A diagnosis that indicates end-stage renal disease (ESRD)
- Pregnancy any time during the measurement year
- Advanced illness and frailty
- Death during the measurement period

### Coding

3074F	<b>Systolic &lt; 130</b>
3075F	<b>Systolic 130 to 139</b>
3077F	<b>Systolic &gt; 140 (will not close gap)</b>
3078F	<b>Diastolic &lt; 80</b>
3079F	<b>Diastolic 80 to 89</b>
3080F	<b>Diastolic &gt; 90 (will not close gap)</b>

The Dell Children's Health Plan Quality team is here to help you if you have questions regarding codes for this or other measures. For more information about HEDIS® measure performance, contact the Dell quality team at [QualityManagement@ascension.org](mailto:QualityManagement@ascension.org).