



## HEDIS® Measure

# WCC: Weight Assessment and Counseling for Nutrition and Physical Activity

### Description

The percentage of members 3-17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the measurement year:

- BMI percentile
- Counseling for nutrition
- Counseling for physical activity

### Measure strategy and tips

#### General

- Address gaps at every visit including telehealth visits
- Use appropriate codes to close gaps via claim

#### BMI percentile

- Documentation must include the date, height, weight and BMI percentile during the measurement year.
- Ranges and thresholds do not meet criteria. A distinct BMI percentile is required.
- Growth charts indicating the BMI percentile do meet criteria.

#### Counseling for nutrition

- Documentation must include the date and at least one of the following:
  - Discussion of current nutrition behaviors (e.g., eating habits, dieting behaviors).
  - Checklist indicating nutrition was discussed.
  - Counseling or referral for nutrition education.
  - The member received educational materials on nutrition during a face-to-face visit.
  - Anticipatory guidance for nutrition.
  - Weight or obesity counseling
- Document eating habits, healthy snacks, cutting down on sugar or sugary drinks, portion control, eating disorders, etc. to show a discussion was had

- Counseling for a diet for an acute condition (ex: BRAT diet) does not meet criteria
- “Well nourished” or “normal appetite” does not meet criteria

### Counseling for physical activity

- Documentation must include the date and at least one of the following:
  - Discussion of current physical activity behaviors (e.g., exercise routine, participation in sports activities, exam for sports participation).
  - Checklist indicating physical activity was discussed.
  - Counseling or referral for physical activity.
  - The member received educational materials on physical activity during a face-to-face visit.
  - Anticipatory guidance specific to the member’s physical activity.
  - Weight or obesity counseling.
- Documenting the discussion of the physical activities the child enjoys and does on a regular basis will meet criteria. (for example, “the child enjoys participating in gym/PE activities at school” or “rides bike with her family most evenings”).
- Developmental activities like “able to hop on one foot” does not meet criteria.

### **Exclusions**

- Members who have a diagnosis of pregnancy during the measurement year
- Members who use hospice services any time during the measurement year
- Members who died during the measurement year

### **Measure codes**

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|---|--------|
| BMI pediatric, less than 5th percentile for age                     | Z68.51 |
| BMI pediatric, 5th percentile to 85th percentile for age            | Z68.52 |
| BMI pediatric, 85th percentile to less than 95th percentile for age | Z68.53 |
| BMI pediatric, greater than or equal to 95th percentile for age     | Z68.54 |

|                                  |  |
|----------------------------------|--|
| Counseling for nutrition         | ICD-10: Z71.3<br>CPT: 97802-97804<br>HCPCS: G0270, G0271, G0447, S9449, S9452, S9470 |
| Counseling for physical activity | ICD 10: Z71.82<br>HCPCS: G0447, S9451  |

The Dell Children’s Health Plan Quality team is here to help you if you have questions regarding codes for this or other measures. For more information about HEDIS® measure performance, contact the Dell quality team at [QualityManagement@ascension.org](mailto:QualityManagement@ascension.org).