

# WCC: Weight Assessment and Counseling for Nutrition and Physical Activity

## Description

The percentage of members 3–17 years of age who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the measurement year:

- BMI percentile
- Counseling for nutrition
- Counseling for physical activity

## Measure strategy and tips

### General

- Address gaps at every visit including telehealth visits
- Use appropriate codes to close gaps via claim

### BMI percentile

- Documentation must include the date, height, weight and BMI percentile during the measurement year.
- Ranges and thresholds do not meet criteria. A distinct BMI percentile is required.
- Growth charts indicating the BMI percentile do meet criteria.

### Counseling for nutrition

- Documentation must include the the date and at least one of the following:
  - Discussion of current nutrition behaviors (e.g., eating habits, dieting behaviors).
  - Checklist indicating nutrition was discussed.
  - Counseling or referral for nutrition education.
  - The member received educational materials on nutrition during a face-to-face visit.
  - Anticipatory guidance for nutrition.
  - Weight or obesity counseling
- Document eating habits, healthy snacks, cutting down on sugar or sugary drinks, portion control, eating disorders, etc. to show a discussion was had

- Counseling for a diet for an acute condition (ex: BRAT diet) does not meet criteria
- “Well nourished” or “normal appetite” does not meet criteria

#### Counseling for physical activity

- Documentation must include the date and at least one of the following:
  - Discussion of current physical activity behaviors (e.g., exercise routine, participation in sports activities, exam for sports participation).
  - Checklist indicating physical activity was discussed.
  - Counseling or referral for physical activity.
  - The member received educational materials on physical activity during a face-to-face visit.
  - Anticipatory guidance specific to the member’s physical activity.
  - Weight or obesity counseling.
- Documenting the discussion of the physical activities the child enjoys and does on a regular basis will meet criteria. (for example, “the child enjoys participating in gym/PE activities at school” or “rides bike with her family most evenings”).
- Developmental activities like “able to hop on one foot” does not meet criteria.

#### **Exclusions**

- Members who have a diagnosis of pregnancy during the measurement year
- Members who use hospice services any time during the measurement year
- Members who died during the measurement year

#### **Measure codes**

BMI pediatric, less than 5th percentile for age	Z68.51
BMI pediatric, 5th percentile to 85th percentile for age	Z68.52
BMI pediatric, 85th percentile to less than 95th percentile for age	Z68.53
BMI pediatric, greater than or equal to 95th percentile for age	Z68.54

Counseling for nutrition	ICD-10: Z71.3 CPT: 97802-97804 HCPCS: G0270, G0271, G0447, S9449, S9452, S9470
Counseling for physical activity	ICD 10: Z71.82 HCPCS: G0447, S9451

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The Dell Children’s Health Plan Quality team is here to help you if you have questions regarding codes for this or other measures. For more information about HEDIS® measure performance, contact the Dell quality team at [QualityManagement@ascension.org](mailto:QualityManagement@ascension.org).